

First Friday Book Club

The club took a 2-month summer break but we're ready to meet again to discuss "At Home in Mitford" by Jan Karon. This book originally came out in 1994 (25 years ago!). Some of us read it back then but this series is worth a reread and we're enjoying spending time with Father Tim again. Join us at 10 a.m. on Friday, September 6 for coffee/tea/apple pie and a discussion on life in Mitford at Joy's place: 4904 Mt Hay Dr.

Ideas for Rev. Lydia's Shower Sat. Sept. 7 at 2 p.m.

Are you wondering what gift to bring to the baby shower for Rev. Lydia on Saturday, September 7, at 2 p.m. Her dream purchase is for a rocker. She is registered on Amazon for this rocker and 7 other less expensive items. Feel free to contribute to an Amazon card. Her list is at <https://tinyurl.com/yxcs43wm>. Or go to Amazon and search for Lydia Sohn & James Rogers in Registries.

Children's books (with a note about why you chose it), diapers & baby wipes, and little girl attire are also welcome. If you are coming to the shower on Sept. 7, please RSVP to the church office so that we can provide adequate refreshments and other supplies.

Welcome Back Barbecue Sunday, September 8



Lunch will be prepared by Roger Shogun and team—hotdogs (\$5), hamburgers (\$7.50), chicken (\$10)—the whole shebang! Tickets are on sale THIS WEEKEND. Discounts for families.

Bring lots of \$5 bills to pelt whipped cream pies at your pastors. No—this is not a joke. It is a dream come true ;)

Annual Women's Retreat March 20 - 22, 2020

Please save the date!!! More information will be provided as the date gets closer.

NEW Music Appreciation Class in the Choir Room Wednesdays 10-11:30 a.m.



Hosted by the San Diego Community College Continuing Education Program, this course is intended for those ages 55+ (any age can attend, but the majority of attendees should be golden).

Taught by a local husband and wife team, they were eager to offer this class at St. Mark's out of respect for our Concert Series. This course is open to everyone, so please invite your friends. Flyers in the Narthex and office.

The official class launch Sept. 4, but one can enroll at anytime. Check it out!

Capital Campaign Update

Well, the coral trees are still with us. We are working with a landscape contractor to determine how much of the master plan we can accomplish with our budget. You probably know that the **education building stairs** have been replaced, the **Sanctuary has been tented for termites** and the **church offices have been air conditioned**. Bill William is obtaining **sample chairs for the Social Hall**. We are evaluating the **ventilation needs of the Social Hall**. Bob Hout has a solution for the **multi media needs of the Social Hall**. Due to the Memorial plaque ceremony and the Christmas Holidays we won't start the **landscaping until after the Holidays**.

St. Mark's Fall Campout Sept. 20-22

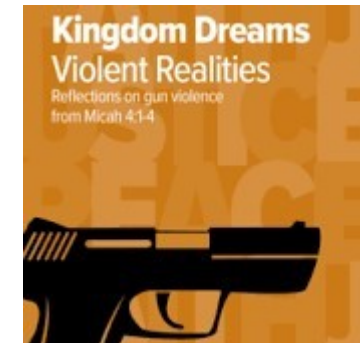
Come enjoy the beauty of Palomar Mountain with friends from St. Mark's!

The Fall Campout is September 20- 22, Saturday arrivals welcome. The group camp space includes a spacious deck with picnic tables and a fire ring. Cost is \$20 for a family and \$10 for an individual to save your tent spot. While food is not included, we'll plan a pot luck for Saturday and finish the evening with s'mores under the stars. Space is limited. Please contact Clay Constable (clayc858@mac.com) or the church office for more information and to reserve your space.

Kingdom Dreams, Violent Realities: Reflections on gun violence from Micah 4:1-4

Sept. 3 – 5, 6 – 7:30 p.m. in the Social Hall.

In response to the latest shootings in Gilroy, CA, Dayton, OH, and El Paso, TX, Rev. Jeri will do a three-night study on **Kingdom Dreams, Violent Realities:**



Reflections on gun violence from Micah 4:1-4. This session will be held Tues, Wed, and Thurs, Sept. 3 - 5 in the Social Hall. The study will be from 6 to 7:30 p.m. Sign up in the church office.

"It's Just a Phase: So Don't Miss it!" Child Development Workshop for Parents

Sun. Sept. 15, 11:30 am - 1:30 pm

Whatever phase your child is in, there's something remarkable happening right now! Come learn about normal stages of child development from birth through teens in this two hour class for parents and caregivers.

For this class our Youth Director Kris Nieder is collaborating with special guest speaker Sandra Schubert. Sandi will share her wisdom gained from over 30 years of experience in the Child Development field. She has taught and directed private, state and federal funded, and faith based programs. "My approach to directing programs is based on the Team foundation, and I serve children and their development with the core values that address each one as a child of God."

Cost is \$10, which includes lunch. To register, contact Kris Nieder at Kris@StMarksUMCSD.org or contact the church office. Free childcare for children ages 2 and up. Space in childcare is limited, so please register ASAP! Babies are welcome in the class.

Soon & Very Soon

Chancel Choir (Adult Choir) begins Thurs, Sept 5 at 7:00 p.m. in the Choir Room. Conductor: Frank Williams.

Cherub Hallelujah Choir (Children's Choir) begins Thurs, Sept 12 at 4:00 p.m. in the Choir Room. Conductor: Frank Williams.

Hallelujah Chimes begin Thurs, Sept 12 at 5:05 p.m. in the Social Hall. Conductor: Christina Peer.

Peace Ringers Handbell Choir begins Wed, Sept 11 at 5:00 p.m. in the Social Hall. Conductor: Robin Tripp.

Glory Ringers Handbell Choir begins Wed, Sept 11 at 6:00 p.m. in the Social Hall. Conductor: Robin Tripp.

Carillon Handbell Choir begins Mon, Sept 9 at 6:45 p.m. in the Social Hall. Conductor: JoAnne Hammond.

Mission Moment: Preschool Teachers Get Mr. Angel a Vacuum!

Room 4 teachers Miss Jess and Miss Allie noticed Mr. Angel admiring a personal Dyson vacuum they were using in their classroom. So when the old, heavy one died, they sprang into action and hunted down a used gem for him. Mr. Angel is a cherished member of both the Preschool and Church staffs and they were delighted to make his work a little easier. Yay to Room 4! Yay for Mr. Angel.



St. Mark's Messenger

3502 CLAIREMONT DRIVE, SAN DIEGO, CA 92117

Keeping In Touch

Vol. 46: Issue 35

Dear St. Mark's,

I'm feeling a bit loopy at the moment because our flight from Scotland arrived at midnight last night. Unfortunately, my body woke itself up at 4 a.m. due to jet leg. Traveling can do weird things to our bodies, but the sacrifice is worth the adventures.

Among the greatest gifts traveling gives to us, in addition to opening our eyes to new cultures, foods and landscapes, is a great appreciation of our homes and our daily routines. And as much as I loved going abroad, resting, and spending time with family, I am surprisingly eager to get back to my humdrum daily responsibilities...including, preparing for the sermon this Sunday.

The gospel lectionary passage for this Sunday comes to us from Luke 14:1, 7-14. Within that small passage contains a multitude of lessons that are still pertinent to us today. The context in which the lessons are taught are, as many of Jesus' lessons are taught, at the meal table. He urges people to take the lowest seat of honor at meals and to invite those who wouldn't be able to repay the favor of an invitation. It was striking for his listeners back then, who were obsessed with tit-for-tat calculated thinking but it's also a glimpse into God's kind of thinking—that God doesn't repay us according to our deeds, our status, or accomplishments. God loves us and provides for us simply because we're...us. This reality is challenging for many of us to take in, who have grown up in a world where our value and our worth is determined by how much we make, how beautiful we are, our status in the world and how valuable we are to others. None of that matters to God and not just that, our worth has nothing to do with any of those things. Crazy, right?

Let's reflect more on these ideas today this Sunday. We'll also be sharing in the sung communion so that will be fun as well. As Rev. Jeri said this past Sunday, I know it's Labor Day weekend so many of you might be away. But if you're not, come by and celebrate with us.

In this together,
Rev. Lydia

August 27, 2019



Rev. Lydia Sohn
Senior Minister

Sunday, September 1, 2019
9:30 a.m. in the Sanctuary

Child Care, Room 1

Sunday School
Room 6 & 7



WORSHIP ATTENDANCE
AUG 25, 2019
41 BEACH
190 CHURCH



Next Week @ A Glance

Sunday, September 1, 2019

8:30AM Pastor's Sunday School/NR
8:30AM Summer Choir Rehearsal/CR
9:30AM Church & Communion/Sanc
11:00AM Second Mtn Book Study/SH
12:00PM Tongan Fellowship/Sanc

Monday, September 2, 2019

8:00AM TOPS/SH
6:45PM AA Meeting-Wmn/RM 9

Tuesday, September 3, 2019

7:00AM Men's Breakfast/Country Waffle
10:00AM Yoga with Renee/Narthex
4:00PM I/WE Meeting/Lib
6:00PM Kingdom Dreams/SH
6:30PM CCSA Advisory/CR
7:15PM AA Meeting/RM 9

Wednesday, September 4, 2019

9:00AM Preschool Chapel Time/Sanc
10:00AM Music Appreciation/CR
5:30PM Bible Study/NR
6:00PM Kingdom Dreams/SH

Thursday, September 5, 2019

7:00AM Tongan Quarterly Mtg/SH
9:00AM Preschool Chapel Time/Sanc
10:00AM Yoga with Renee/Narthex
12:00PM Midday Mindfulness/NR
6:00PM Kingdom Dreams/SH
7:00PM Boy Scouts/TBD
7:00PM Choir Rehearsal/CR
7:15PM AA Meeting-Wmn/RM 9

Saturday, September 7, 2019

2:00PM Lydia's Baby Shower/SH

Sunday, September 8, 2019

Welcome Back Sunday!
7:45 AM Pancake Breakfast/SH
8:30AM Pastor's Sunday School/NR
9:30AM Church /Sanc
10:30AM Welcome Back BBQ/SH & Yard
12:00PM Tongan Fellowship/Sanc

CR=Choir Room Sanc=Sanctuary
Lib=Library SH=Social Hall
NR=New Room PO=Pastor's Office

Instant Church Directory



Want to access the church directory on your phone?

Go to your app store and search for "instant church directory" and look for this logo of a church. For more comprehensive help, just contact Michelle in the office. She is happy to help!

Never Miss a Sermon

Missed Sunday's sermon? You can watch Sunday morning sermons on video at:

stmarksumcsd.org/sermons. They can also be found on the St. Mark's Facebook page.



Pastor's Sunday School

In Pastor's Sunday School we study the lectionary texts which follow the church calendar. For Sunday, September 1:

- Jeremiah 2:4-13
- Psalm 81:1, 10-16
- Hebrews 13:1-8, 15-16
- Luke 14:1, 7-14

It's an informal study, **always open to all**, at 8:30 a.m. in the New Room.

In Our Prayers

Please keep all those in prayer who are experiencing grief, chronic illness, addiction, loss of direction and disenfranchisement. In Jesus' name, Amen.

Our military personnel:

- ♥ Brook Bossen, Coast Guard
- ♥ Kris Brendal, Army
- ♥ Robert S. Chisholm, Navy
- ♥ Craig Clemans, Marines
- ♥ Paul Clemans, Air Force
- ♥ Blake Cross, Navy
- ♥ Nathan Streeter, Navy
- ♥ Lenny Hezelett, Navy
- ♥ Henry Hoadley, Navy
- ♥ Michael Hunter, Navy
- ♥ Jeremy Munson, Navy
- ♥ Milo Riegle, Marines
- ♥ Robert Tarango, Navy
- ♥ Dylan Weitzman, Army



You are invited to participate in the St. Mark's prayer chain via email. Prayer requests will be sent to you via an email account you provide; you will not be asked to do anything other than offer your private prayers for requests you receive. To participate, please email Donna Newby at dnewby@san.rr.com.

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