

CCSA Hunger Walk

The event will be on Saturday, April 27 at Crown Point in Mission Bay. It starts at 8a.m. If you are unable to walk, we ask that you consider sponsoring a walker! Phyllis Drewett will making a last call for donations on Sunday, April 28 on the patio after church.



Guatemalan Project Coming!

On April 28, Ruth O'Neil will come and share the good news of the Guatemalan Project in our church service. This mission ministry began after the 1980's civil war to help the women and children rebuild their lives. There will also be an opportunity to purchase handmade goods

Earth Day Lunch & Learn at La Jolla UMC

La Jolla United Methodist Church invites St. Mark's for a "lunch and learn" event on plastic waste and climate change in celebration of Earth Day. The event is on **Sunday, April 28th** at La Jolla United Methodist Church (6063 La Jolla Blvd, La Jolla, CA 92037). The event will begin with lunch at 11:15 a.m. There will be a documentary screening afterwards, a Q&A time and finally, a time to brainstorm action plans. Please rsvp to Pastor Lea at lbooth@lajollaumc.org by 4/24 if you would like to attend.

LGBTQIA Questions?

Join Dr. Colette Lord and Rev. Jeri

Who? Anyone wanting to understand the LGBTQIA community.

What? Dr. Colette Lord will answer questions about gender identity and what it means to be transgender or non-binary.

When? Third Monday of each month, 6-7 PM January 21 – June 17

NEXT MEETING: MAY 20

Why? To increase the understanding, compassion, and empathy for LGBTQIA folks so our community is loving for all.

Where? Room 10



St. Mark's Nursery School



Annual Carnival and Silent Auction
3502 Clairemont Drive, San Diego 92117
Saturday, April 27th, 2019 | 10am to 2pm

Nursery School "Golden Jubilee" Carnival

Saturday, April 27, St. Mark's School hosts their Annual Spring Carnival and Silent Auction from

10 a.m. to 2 p.m. This year's major fundraiser is commemorating 50 years of nurturing children: A Golden Jubilee! Please support us by joining in carnival games & our silent auction.

The Silent Auction is not to be missed. It's NOT just for kids. You can count on gift baskets for that special someone, luxury items, activities/lessons and a wide selection of gift cards to restaurants around town to name a few. Our auction items always go for less than full value, so this is bargain shopping for a great cause.

Celebrating the Life of Frank Campilongo Saturday, May 4 at 11:00 a.m.

Frank passed away on March 1. Please join Frank's family and friends on Saturday, May 4 for a Celebration of Life at St. Mark's with a service at 11:00 a.m. in the Sanctuary followed by a reception in the Social Hall.

Memorial contributions may be made to the St. Mark's Memorial Fund or Alzheimer's San Diego, 6632 Convoy Court, San Diego, CA 92111.

Understanding Islam

Do you have questions about Ramadan? Are you curious about the five pillars of faith? Join Rev. Jeri **Wednesday, May 8 at 1 p.m. or Thursday, May 9 at 6 p.m.** in the New Room for conversation based on the video **Understanding Islam** by Michael Bogart. This 30-minute video gives a concise, user-friendly overview of the religion of Islam, including its origins, early expansion, teachings and divisions, as well as suggestions for how non-Muslim people can relate to the Muslim people around them. Sign up in the office or call (858) 273-1480.



New Book Study It's OK That You're Not OK

Grief may be the hardest thing we have to deal with in this life, especially for those suffering loss but also for those who love them. If we have a friend or family member who is in grief, how can we really help? What can we do?

Counseling Psychologist Megan Devine lost her partner in a sudden, tragic accident in 2009. In her work and personal life in the years that followed, she learned that our culture just doesn't understand or accept grief and loss. Her experience led her to write an excellent book that offers a new and deeper approach to grief, entitled *It's OK That You're Not OK: Meeting Grief and Loss in a Culture That*



Doesn't Understand.

Rev. Craig will lead a three-week conversation about the book, on Mondays May 6, 13, and 20th, from 1 to 2:15 in the New Room. All are invited to participate. Sign up by emailing office@stmarksumcsd.org or calling 858-273-1480. Books are available for \$13 at the front desk or directly from Amazon.

Rise Against Hunger

RAH is incredibly grateful for the \$3,451.68 that St. Mark's raised. "Your gift gives us the ability to change lives, create sustainable communities and respond quickly in times of disaster.... Thank you for rising up with us as we fight to end world hunger by 2030. It is possible." Find the letter on the bulletin board in the office.

Rev. Craig's Retirement

With our dear Senior Pastor retiring, you are probably wondering if we are going to give him a proper sendoff. The answer is a resounding "YES!" It's early yet, so stay tuned for more information.

In the meantime, if you want to contribute toward the event or to a gift for his retirement, you can pass it to one of our PPRC members, place it in the Sunday offering plate or send it to the Church office marked "Pastor's Gift".

Thanks! Andy Guevara, PPRC Chair

Men's Breakfast Gathering Tues, May 7 at 7 a.m.

No set agenda, just sharing a meal and experiences at the Country Waffles on Balboa. It is a great way to start the day, even on your way to work! All men welcome. Join us!



GriefShare Support Group Offered in May

Grief caused by death is something everyone experiences in their life. It may be hard for you to feel optimistic about the future right now if you've lost a spouse, child, family member, or friend.

You've probably found there are few people who understand the deep hurt you feel. This can be a confusing time when you feel isolated and have many questions about things you've never faced before.

GriefShare groups meet weekly for 13-weeks to help you face these challenges and move toward rebuilding your life. Each GriefShare session has three distinct elements: videos with experts, support group discussion with focus, and personal study and reflection.

Lindsey Van Gorder, Clinical Social Worker at Scripps Health, will lead this 13-week series on Tuesdays, beginning May 7 from 6:30 – 8:30 p.m. Contact the St. Mark's Office at 858-273-1480 to sign up.

Quilt for Rev. Craig

As many of you know, Rev. Craig will be retiring at the end of June. To help him remember us we are putting together a signature quilt. Please stop by the tables in the patio area after church beginning Easter Sunday through May 19 to sign or draw a picture on a quilt block wishing him well and thanking him for his time with us. I look forward to seeing everyone during this time. — Christina Peer

**CHRIST IS RISEN!
CHRIST IS RISEN INDEED!
Happy Easter Season!**

In Our Prayers

Please keep all those in prayer who are experiencing grief, chronic illness, addiction, loss of direction and disenfranchisement. In Jesus' name, Amen.



Volunteer Opportunities

Front Desk Help Needed:

Monday mornings from 9:00 a.m. to 12:00 p.m. and every other Wednesday from 12:00 p.m.-3:00 p.m. For more information contact Michelle in the office at 858-273-1480.

Join the Pew Crew! If you have 1.5 hours to give once every 8 weeks, time of your choosing, to prepare one half of the pews for services, please contact Martha Hilker at 858-273-4393.

Pastor's Sunday

In Pastor's Sunday School we study the lectionary texts which follow the church calendar. For Sunday, April 28:

- Acts 5:27-32
- Psalm 150
- Revelations 1:4-8
- John 20:19-31

It's an informal study, **always open to all**, at 8:30 a.m. in the New Room.



Next Week @ A Glance

Saturday, April 27, 2019

8:00AM CCSA Hunger Walk/Crown Pt.
10:00AM Preschool Carnival

Sunday, April 28, 2019

8:30AM Pastor's Sunday School/NR
9:30AM Service/Sanc
10:30AM Guatemala Project Sale/SH
10:45AM Blood Pressure Screen/NR
11:00AM Worship Committee Mtg/Lib
12:00PM Tongan Fellowship/Sanc
3:00PM IWJSD/SH

Monday, April 29, 2019

8:00AM TOPS/SH
6:00PM Carillon Bells/SH
6:45PM AA Meeting-Wmn/RM 9

Tuesday, April 30, 2019

10:00AM Yoga with Renee/SH
7:15PM AA Meeting/RM 9

Wednesday, May 1, 2019

5:30PM Bible Study/NR
6:00PM Glory Ringers/SH

Thursday, May 2, 2019

10:00AM Yoga w/ Renee/SH
12:00PM Midday Mindfulness/NR
4:15PM Cherub Choir/CR
5:20PM Hallelujah Chimes/SH
7:00PM Boy Scouts/SH
7:00PM Boy Scout Parents/Lib
7:00PM Choir Rehearsal/CR
7:15PM AA Meeting-Wmn/RM 9

Saturday, May 4, 2019

11:00AM Frank Campilongo Memorial

Sunday, May 5, 2019

8:30AM Pastor's Sunday School/NR
9:30AM Service & Communion/Sanc
12:00PM Tongan Fellowship/Sanc

CR=Choir Room Sanc=Sanctuary

Lib=Library SH=Social Hall

NR=New Room

**If would like to add an event to the church calendar, please contact the church office at 858-273-1480 or by email at office@stmarksumcsd.org.*

St. Mark's Messenger

3502 CLAIREMONT DRIVE, SAN DIEGO, CA 92117

April 23, 2019



Rev. Jeri Newell-Davis
Associate Minister

Sunday, April 21, 2019

9:30 AM
Rev. Jeri

Child Care, Room 1

Sunday School
Rooms 6, 8 & 10



WORSHIP ATTENDANCE

EASTER SERVICES:
8 A.M. - 118
9:30 A.M. - 234



Keeping In Touch

Vol. 46: Issue 17

Welcome to Easter Season. It has been a long Season of Lent and now we give thanks to God for the resurrection of our Lord, Jesus Christ, who with the Holy Spirit resurrects our spirits. I would like to take a moment to thank everyone who participated in all the events of Holy Week. Some shared palm fronds and others rehearsed music. Some folded bulletins, while some made and shared soup. Some stuffed Easter eggs and some did a little of this and a bunch of that. There was a lot going on and the body of Christ found an event they could do and hopped on board to get it done. Thank You!

Great as this Holy Week was, we are not done. We are now moving into a new season in the church with something for everyone. First up, this Saturday, April 27 you have two opportunities to participate with St. Mark's. At 8 AM, you are invited to lace up your walking shoes and join the **CCSA Hunger Walk** on Crown Point in Mission Bay. This annual event helps to support the life-giving work of CCSA as they provide food and other resources for people in need. There is more information on this event in our church office or online at <http://www.ccsasandiego.org/>

And if walking at 8 AM isn't your style, at 10 AM is **St. Mark's Preschool Annual Carnival**. This year we celebrate their **Golden Jubilee – 50 Years of Growing Together**. The Carnival offers games and activities for people of all ages, a Silent Auction, and lots of yummy food. Proceeds from the Carnival help to support childcare scholarships for families in need and upgrades to playground and learning equipment. More details can be found in the office.

In addition to these events, beginning in May, there is an opportunity for people who are experiencing grief or know someone who is, to come together for three weeks to share sacred time with Rev. Craig on Mondays, as he leads the class **It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand** based on the book by Counseling Psychologist Megan Divine. These classes begin Monday, May 6 from 1 – 2:15 PM in the New Room. Sign-ups can be done in the office. Books are available in the office for \$13 or your online bookstore.

Also, Lindsey VanGorder, Clinical Social Worker with Scripps Health Care will lead the 13-week course **GriefShare** beginning Tuesday, May 7 at 6:30 PM in the New Room. This group is for people who have experienced the death of a loved one and face the challenges that come with moving forward and rebuilding your life. Sign-ups can be done in the church office and more information can be found online at <https://www.griefshare.org/>.

These events and more can always be found on our website www.stmarksumcsd.org.

We are so glad you are taking the time to keep current with St. Mark's through our newsletter and events. We look forward to seeing you in church!

Happy Easter!
Jeri

You are invited to participate in the St. Mark's prayer chain via email. Prayer requests will be sent to you via an email account you provide; you will not be asked to do anything other than offer your private prayers for requests you receive. To participate, please email Donna Newby at donewby@san.rr.com.

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